



# Ft. Zumwalt WMS 2nd Annual Polar Plunge December 19, 2019

Plunge goal: \$50,000

All proceeds benefit Special Olympics Missouri

Ostmann goal: \$5,000

## Take the Plunge!

In 2018 students and staff at Ft. Zumwalt West Middle School took on the challenge of being the first Middle School in Missouri to host our own Polar Plunge to support over 7,400 Special Olympics athletes in the St. Louis area. Our goal was to raise \$20,000 and we blew that out of the icy, cold water, raising over \$28,000

## Aim high in 2019!

WMS is raising the bar in 2019 with a goal of \$50,000 to support St. Louis area Special Olympic athletes!

**Who:** The Polar Plunge is open to all WMS and Ostmann students and staff (you must be 10 years old by December 19, 2019 to participate)

**What:** WMS Annual Polar Plunge in support of Special Olympics Missouri

**When:** Thursday, December 19, 2019 (during school hours)

**Where:** Ft. Zumwalt West Middle School track (there will be a pool!)  
Fifth Graders will be transported by bus to WMS and back to Ostmann. Family members are invited to meet Ostmann students at WMS to watch the Plunge. More information to come.

**Why:** All proceeds benefit Special Olympics Missouri's mission to provide year-round sports and training opportunities, health screenings, and ongoing education for individuals with intellectual disabilities in the St. Louis area.

**How:** Raise a minimum of \$50 and take the Plunge. All participants who raise a minimum of \$50 will receive a 2019 WMS Plunge t-shirt and be eligible to take the Plunge. Take your fundraising to new heights to earn more Polar Plunge goodies.

### Fundraising Incentives

- \$50 - WMS Polar Plunge t-shirt
- \$75 - Polar Plunge phone charger
- \$150 - Polar Plunge socks
- \$300 - Polar Plunge tumbler
- \$500 - Polar Plunge hoodie
- \$1,000+ - Polar Plunge fleece blanket

register at <http://give.somo.org/goto/WMS>

Be sure to click "JOIN TEAM" to join the Wildcats team.

For questions please contact Mr. Jennings

## To participate in the WMS Polar Bear Plunge

- You must complete the online registration by Tuesday, November 26<sup>th</sup>
- Fundraise at least \$50 before Wednesday, December 4th
- Return a signed minor waiver to the main office by December 4th

## FUNDRAISING

- The best way to fund raise is by using the on-line donation page that you will set up during the registration process. This is a fast and easy way to reach out to friends and family using social media in order to request donations.
- Cash and checks are also acceptable.  
make checks payable to: *SOMO or Special Olympics Missouri*
- **\*Please Note:** cash and checks can only be turned in on:
  - Wednesday, December 4th
  - Thursday, December 19<sup>th</sup> (Plunge day)

Special Olympics Missouri staff will be at Ostmann on December 4 and WMS on December 19 to collect cash or check donations.

### IMPORTANT DATES

**July 31:** online registration opens

<http://give.somo.org/goto/WMS>

**Nov. 26:** online registration closes

**Dec. 4:** money turn-in at Ostmann, minimum of \$50

**Dec. 19:** Plunge Day at WMS!

